

# Volunteer Projects for Kids *...tips from Sylvia*



## Our Mission

Empowering  
people who  
are homeless  
to move to  
economic and  
personal self  
sufficiency

### Hi Kids!

Thank you so much for your interest in doing a volunteer project for the Crossroads Kitchen.

Your group making sandwiches will help us serve over 74,000 meals this year — can you imagine how many 74,000 is?



### Hooray for PB&J !!!

**Sylvia's tips for making sandwiches and getting your whole group involved...**

1. Mix one jar of smooth room temperature peanut butter with one jar of grape jam
2. After thoroughly mixing the peanut butter and jam— spread a good amount of the PB&J on one piece of bread, then place the second piece of bread on top
3. Place each finished sandwich into a zip lock plastic sandwich bag — then put the finished bagged sandwich back into the plastic wrapper the bread originally was in
4. Place the completed sandwiches upright in a box for transporting and delivering to **Clyde's Kitchen at Crossroads**

**For meat and cheese sandwiches** — place one piece of cheese on a slice of bread, then place one piece of meat (ham, turkey, bologna, etc.) on top of the cheese. Put a slice of bread on top, then do steps 3 & 4 above.

**If you're interested in volunteering, please contact:  
Volunteers@crossroadsatlanta.org  
or call Sylvia at 770-972-3130 to learn more and arrange delivery**